Welcome Bags

Grade Level:	Foundational	**Lesson Plan Timeframe:**	1-2 days	**Topic:** Nutrition and Healthy Eating
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Overview & Purpose	FCCLA National Program(s)
Identify ways to make new students feel welcome	National Program in Action Student Body
Idaho Standards EFCS 5.0 TL 1.0, 8.0 TLC 4.1, 6.4 YL 1.9, 5.0 L 1.0 FHW 1.0 NF 1.0, 2.0 **National FACS Standards** 1.0 2.0 6.0 12.0 13.0.	**Programs of study** Teen Living Adult Living Nutrition and Foods

Lesson Plan Goals & Objectives (Specify skills/information that will be learned.)	Students will identify ways to make new students feel welcome Students will create welcome bags Students will plan and conduct a welcome breakfast
Materials Needed	• Paper • Pencil • Computer with internet • Material for bags • Sewing machines • Cooking Labs • Ingredients
Introduction of Subject Anticipatory set (Give and/or demonstrate necessary information)	Ask students if they have ever felt like an outsider. Discuss What could they do to make new comers feel welcome?

Activity 1 (Describe the independent activity to reinforce this lesson)	Have students work with school guidance counselors to identify and collect information needed about students who are new to the school. Have students construct cloth bags in clothing/textile courses Have students in foods courses research and compile healthy snacks and nutrition information to distribute with the bags
Activity 2 (Describe the independent activity to reinforce this lesson)	Have students in the FCCLA chapter host a welcome breakfast for new students to give them the bags.
Assessment	Teacher observation of student work
Summary/Evaluation (Assign Homework, or Reflect on the Outcomes)	Have students submit a report about their project to state and national FCCLA
Other Resources	(e.g. Web, books, etc.)
Additional Notes	
Source (If Applicable : cite any published or copyrighted materials used in this lesson plan)	National Spotlight Project

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